



RECIPE CARD

Connected

FAMILY MOVIE NIGHT

Best Use

As a movie night discussion guide for the family.

Nutritional Value

Triggers a faith discussion to talk about healthy and God-honoring technology habits.

Advance Preparation

- Rent, borrow or purchase the Disney/Pixar movie *Wall-E*. It is recommended to always prescreen any movie before allowing your child/children to watch. This also helps prepare you for guiding the conversation.
- Review the questions listed on this card to be ready for the discussion.
- Make sure you have a Bible handy.

Serve It Up

1. Invite your family to a special movie night. You can make tickets to give to each member for added fun.
2. Make sure you have a Bible handy, pop some popcorn or gather some favorite movie candies and enjoy the movie selection.
3. Discuss the questions below.

DISCUSS IT:

After watching the film, ask the following questions.

1. What did you notice about how the people used technology? (i.e. constantly in front of them, got whatever they wanted at the touch of a button, kept them from connecting with others)
2. Despite getting what they wanted at the touch of a button, what things were the people missing out on? (i.e. fun, health, relationships)
3. What happened when the two people disconnected from their devices? (i.e. eyes opened to others/surroundings, fun playing at the pool, connecting with each other)

READ:

Read 1 Corinthians 6:12 aloud as a family: “Everything is permissible for me” – but not everything is beneficial. “Everything is permissible for me” – but I will not be mastered by anything.

TALK ABOUT IT:

- In what ways can technology control us or become unhealthy for us?
- How might it distract us from connecting to each other? To God?
- What harm could come from spending too much time looking at a screen?
- What might we miss in life if we give technology most of our attention?

PRAY:

End your time together giving thanks to God for your family. Ask Him to help each of you make wise and God-honoring choices as you work to disconnect from technology and connect better with each other and with Him.