



RECIPE CARD

Marriage Rekindled

RENEW

Best Use

A date night discussion guide.

Nutritional Value

Husbands and wives will reaffirm their lifelong love for each other.

Advance Preparation

- Schedule a dinner or coffee date.
- Plan on ending your date at a quiet, romantic location.

During The Date

1. Follow the instructions below.

Thinking About Your Marriage

DISCUSS:

- Take turns finishing this sentence: “If someone had asked me during our engagement why I wanted to marry you, I would have said _____”.
- Alternate sharing how you were feeling just moments before your wedding ceremony began.

REFLECTION:

You’ve heard the expression, “the grass is greener on the other side.” The truth is, in marriage, the grass is greener where you water it.

Take turns sharing a simple way your spouse can intentionally “water” you this week.

“I DO” RENDEZVOUS:

End your date by going to your designated spot. While holding hands, renew the following wedding vows with each other. . .

- Husbands: “I take you again to be my wedded wife; I promise to always love you, for better or for worse, in sickness and in health, in poverty and in wealth, from this day forward; I will honor and serve you, and be a faithful husband until we are separated by death.”
- Wives: “I take you again to be my wedded husband; I promise to always love you, for better or for worse, in sickness and in health, in poverty and in wealth, from this day forward; I will honor and serve you, and be a faithful wife until we are separated by death.”
- You may now kiss your spouse! (take as long as you like)

BONUS:

Nothing is easier than saying words, and nothing is harder than living them date after day. To help you in this, post your wedding vows in a place where you will see them daily (mirror, laptop, office desk, etc.).